



EBCI TRIBAL OPTION

“Eat Well, Play Well, Stay Well” Billboard Design Contest Submission Sheet

Sgi ʌʌ, Thank you for your submission in the contest!
We are so excited to see your beautiful artwork!

Artwork Prompt:

What “Eat well, Play well, Stay Well” means to you! For example: this could be playing your favorite sport, your favorite foods, etc.!

Contest Rules:

- Submissions must be Original Artwork created on an 8.5x11" paper (normal paper size- to ensure clearer graphics)
- Open to kids aged 5-18
- Artwork must be submitted by July 20, 2025
- Submissions and Submission Sheet must be emailed to lakota.grindstaff@cherokeehospital.org or brought to the executive office at Cherokee Indian Hospital Authority (1 Hospital Rd. Cherokee, NC 28719.) Please scan in your drawing and attach it to your email if submitting by email.

Submission Form:

Name: _____

Age: _____

Community: _____

School/Grade: _____

Description of what “Eat Well, Play Well, Stay Well” Means to you:

Parent/ Guardian Signature (if Under 18 Years Old, if 18, please sign your name):
